

# IPV Intimate Partner Violence

## Yale's Definition of Intimate Partner Violence

Intimate partner violence (IPV) occurs when a current or former intimate partner uses or threatens physical or sexual violence. IPV also may take the form of a pattern of behavior that seeks to establish power and control by causing fear of physical or sexual violence. Stalking may also constitute IPV.

- ▶ People of all gender and sexual orientations can be involved in IPV.
- ▶ The goal of IPV is for abusers to try to control their intimate partners through fear and intimidation.

## Common Abusive Behaviors

- ▶ **Physical abuse** – hitting, kicking, choking, strangling, pushing, punching
- ▶ **Sexual violence** – forcing sex or sexual acts on an unwilling partner
- ▶ **Isolation** – controlling where someone goes or does not go, monitoring someone's phone calls/social media/texts or reading their email, limiting time someone spends with friends or family
- ▶ **Harassment** – following or stalking, refusing to leave when asked
- ▶ **Threats & intimidation** – threatening to harm someone or their friends or relatives, threatening to spread rumors
- ▶ **Destruction of property** – destroying furniture or other items, punching walls, throwing things
- ▶ **Self-destructive behavior** – abusing drugs or alcohol, threatening self-harm or suicide, driving recklessly
- ▶ **Blame & Denial** – saying the victim caused the abuse, “it’s all your fault”, “you deserved it”

## If Your Partner has been Abusive with you

- ▶ If you are in immediate danger, go to a safe place and call 911 or someone who you trust to help you. Seek medical attention at a local hospital if needed.
- ▶ Talk with someone about your experience. IPV is traumatizing and it is crucial to have support.
- ▶ Plan for safety.
- ▶ Know that you are not alone.
- ▶ Know that you are not to blame.
- ▶ Make arrangements to stay with a trusted person when needed.

If you witness or know someone who is a victim of IPV, say something.  
*It could save a life.*

Check the SHARE web site for more information  
[www.sharecenter.yale.edu](http://www.sharecenter.yale.edu)



## RESOURCES

### Campus

SHARE Center.....203.432.2000 (24/7)  
(Sexual Harassment & Assault Response & Education)  
at Yale Health, Lower Level. *Drop-in weekdays 9am-5pm.*

- ▶ A confidential resource for students, faculty, and staff who have been victimized by dating/domestic violence.
- ▶ Counselors are available 24/7 to offer support and provide information on various options including medical attention, resources for ongoing counseling and/or consultations with Yale Police in order to obtain an order for protection and/or filing a report.
- ▶ Counselors can also explain and assist with information about University options for resolution.

University Wide Committee.....203.432.4449  
Title IX Office .....provost.yale.edu/title-ix  
Yale Chaplain's Office.....203.432.8752  
Yale LGBTQ Office.....203.432.0309

### Yale Health

Acute Care .....203.432.0123  
Student Health .....203.432.0312  
Mental Health & Counseling.....203.432.0290

### Public Safety

Yale Police .....203.432.4400  
New Haven Police .....203.946.6316 or 911

### In the Community

Toll-free Statewide Hotline .....888.774.2900  
The Umbrella Center for Domestic .....203.789.8104  
Violence Services  
Hope Family Justice Center .....203.800.7204  
National Domestic Violence Hotline..... 1.800.799.SAFE

Check the SHARE website  
for more information:  
[www.sharecenter.yale.edu](http://www.sharecenter.yale.edu)