**Yale’s Definition of Intimate Partner Violence**

Intimate partner violence (IPV) occurs when a current or former intimate partner uses or threatens physical or sexual violence. IPV also may take the form of a pattern of behavior that seeks to establish power and control by causing fear of physical or sexual violence. Stalking may also constitute IPV.

- People of all gender and sexual orientations can be involved in IPV.
- The goal of IPV is for abusers to try to control their intimate partners through fear and intimidation.

**Common Abusive Behaviors**

- **Physical abuse** – hitting, kicking, choking, strangling, pushing, punching
- **Sexual violence** – forcing sex or sexual acts on an unwilling partner
- **Isolation** – controlling where someone goes or does not go, monitoring someone’s phone calls/social media/texts or reading their email, limiting time someone spends with friends or family
- **Harassment** – following or stalking, refusing to leave when asked
- **Threats & intimidation** – threatening to harm someone or their friends or relatives, threatening to spread rumors
- **Destruction of property** – destroying furniture or other items, punching walls, throwing things
- **Self-destructive behavior** – abusing drugs or alcohol, threatening self-harm or suicide, driving recklessly
- **Blame & Denial** – saying the victim caused the abuse, “it’s all your fault”, “you deserved it”

**If Your Partner has been Abusive with you**

- If you are in immediate danger, go to a safe place and call 911 or someone who you trust to help you. Seek medical attention at a local hospital if needed.
- Talk with someone about your experience. IPV is traumatizing and it is crucial to have support.
- Plan for safety.
- Know that you are not alone.
- Know that you are not to blame.
- Make arrangements to stay with a trusted person when needed.

If you witness or know someone who is a victim of IPV, say something.

*It could save a life.*

Check the SHARE web site for more information

[www.sharecenter.yale.edu](http://www.sharecenter.yale.edu)
RESOURCES

Campus
SHARE Center.................................203.432.2000 (24/7)
(Sexual Harassment & Assault Response & Education)
at Yale Health, Lower Level. Drop-in weekdays 9am-5pm.

▶ A confidential resource for students, faculty, and
staff who have been victimized by dating/domestic
violence.

▶ Counselors are available 24/7 to offer support and
provide information on various options including
medical attention, resources for ongoing counseling
and/or consultations with Yale Police in order to
obtain an order for protection and/or filing a report.

▶ Counselors can also explain and assist with
information about University options for resolution.

University Wide Committee..........................203.432.4449
Title IX Office ..................................provost.yale.edu/title-ix
Yale Chaplain's Office.................................203.432.8752
Yale LGBTQ Office..................................203.432.0309

Yale Health
Acute Care...........................................203.432.0123
Student Health.......................................203.432.0312
Mental Health & Counseling.........................203.432.0290

Public Safety
Yale Police..............................................203.432.4400
New Haven Police..................................203.946.6316 or 911

In the Community
Toll-free Statewide Hotline .......................888.774.2900
The Umbrella Center for Domestic ..............203.789.8104
Violence Services
Hope Family Justice Center.........................203.800.7204
National Domestic Violence Hotline..........1.800.799.SAFE

Check the SHARE website
for more information:
www.sharecenter.yale.edu